

About Us

Our Team



Ramanujam Balakrishnan,Physiotherapist and Co-OwnerB.Sc PT, MSc(PsY), F

Medicine Hat, AB

Ram comes with over 10+ years of experience in treating musculoskeletal injuries and has developed additional interest in treating sports related injuries. He is highly committed to provide physical therapy service to clients with his vast experience working in private practice.

Ram gained skills his in functional dry needling helping restore muscle function, mobilization, and soft tissue release techniques. He provides individualized exercise prescriptions for return to functional activities to achieve successful rehabilitation.

His strong passion towards listening to client issues with a caring attitude, helps him devise appropriate treatment plans for his clients.

Ram enjoys spending time with family, travel, dance and music.



Michelle Taylor,Registered Massage TherapistRMT

Medicine Hat, AB



Umang Trivedi,Physiotherapist

Brooks, AB

Umang Trivedi received his license as a Clinical Physiotherapist in 2010 from Srinivas College of Physiotherapy and certified by Humber College as a Strength and Conditioning Specialist in 2014.

Umang has a special interest in orthopedic conditions such as spinal, shoulder, hip and knee pathologies and as well as He thrives on freeing people from pain and discomfort in the shortest time frame possible. Umang is expertly placed to preventing injury. Along with his musculoskeletal experience in the general population, he also has excellent therapeutic

Umang's current professional role includes:

- Joint mobilization
- Management of posture-related conditions
- Soft tissue/trigger point release
- High quality home exercises to supplement treatment
- Base level through to elite level sports/orthopedic rehabilitation
- Biomechanical assessment



Umang Trivedi, Physiotherapist

Johanne Thibeault, Massage Therapist

Brooks, AB

For years, Johanne genuinely wanted to help family and friends to relax, ease muscular pain, and alleviate stress with n someday she would return to post-secondary studies to become a massage therapist! And that this would be the beginn path...

Johanne began her education in massage therapy through Alberta Massage Training at the Lloydminster campus in Se started her practicum at a local Spa in Cold Lake north, then consequently, three months later, became certified as a fu offering my services at a second location seeing clients up to seven days/week for a full year, while continuing with h therapeutic element.

In June of 2014, she finally became a registered massage therapist. The funny thing is that prior to completing her two experienced a massage herself!

Johanne's creative approach has helped many return to a more balanced life, as per many testimonies... As a dedicated practitioner, she offers the services of relaxation, therapeutic and pregnancy massages as well as other therapies, jade stones, and foot reflexology.

Education:

Massage Therapy diploma ~ 2200 hours Sept 2012 - July 2014

Alberta Massage Training, Lloydminster Alberta campus

~ Swedish, deep tissue, pregnancy massage, intra-oral massage, orthopedic assessment

RMTA - Remedial Massage Therapists Association - Alberta

~ registered as a full member since 2014

~ CPR and First Aid, Level C Certification (Current)

~ Jade Stone Therapy Certification - June 2015

~ Aroma Detox Massage Certification - August 2014

~ Reset for TMJ Certification - April 2014 (Rafferty energy system if easing the temporomandibular joint)

~ Professional Cupping Therapies Certification - April 2014

~ Onsen Therapy vol. 1 Certification - October 2013 (Treatment of pain: Structural assessment and correction of lower

~ Foot Reflexology certification - Aug 2013



Johanne Thibeault, Massage Therapist

Shandli Evans, Registered Massage Therapist

Brooks, AB

Shandli was born and raised on Vancouver Island. She moved to Brooks for the first time in 2001 and spent 13 years of schooling in Red Deer. She travelled back to Vancouver in 2015 after her Mom passed away, to be closer to her family for a few years until now.

Shandli missed the small town life. Less chaos, less traffic and a better cost of living. Although B.C. is beautiful, she has made some amazing friends in Brooks over the years and it has proven to be a great community to have brought her to. Shandli is an intuitive massage therapist. She finds that by combining her knowledge with her skills, she can assist people with injury. She is interested in learning new things and different modalities.

Shandli currently practices therapeutic and relaxation massage, Reflexology as well as Reiki. She will be incorporating more modalities in the future.

Shandli looks forward to meeting all of you and can not wait to build a pain free future together for all of her patients.